

# **BATH CYCLING CLUB**

# OPEN 25 MILE TIME TRIAL SUNDAY 9TH JUNE 2024 (from 9am) COURSE: U370

# Promoted for and on behalf of Cycling Time Trials, under their rules & regulations

**Event Secretary**: Marianne Carpenter (Bath Cycling Club)

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**Headquarters**: Maiden Bradley Village Hall,

High Street Maiden Bradley Warminster BA12 7JG

**Time Keepers**: Paul Arayan & Dennis Davies

Recorder: Richard Warren (BCC committee)

Start Official: Peter Brookes (BCC Chairman)

Number Steward: Claire Phillips

Marshals: Andrew Hicks, Brain Turner, Dave Howard, Paul Rattew, Stuart

Collett, Amanda Whipp

Catering: Odette Collett and daughter

Photography: Phil Johnson Photography: for images, please

visit philiphotos.com after the event.

### **CTT Regulations & Recommendations:**

This event is run under CTT rules and regulations, which can be found here: https://www.cyclingtimetrials.org.uk/ It is the rider's responsibility to make themselves familiar with these rules prior to singing up for the event, and by signing up, riders agree to observe the rules and the Highway Code during the event.

The Start Official will be checking that all riders:

- a) have the (correct) number attached
- b) have a working front and rear light
- c) are wearing a cycling helmet.

### If any of these are missing you will not be permitted to race.

Riders are not permitted to be accompanied by a support vehicle in this event. This is a Type A event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

## **Road Bike Category Rules**

- a) No aerobars, clip on aerobars or aero extensions can be used
- b) Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)
- c) Wheels may have no more than 90mm depth and must have at least 12 spokes
- d) Helmets must have no visor
- e) Ears must not be covered by the helmet. In addition, the use of a Giro Aerohead helmet will not be permitted. There will be spotters out on course to enforce rule 2.

#### **Headquarters:**

Maiden Bradley Village Hall HQ will be open from 8am. The sign-on sheet and bib numbers will be located in the hall. Please don't forget to sign out when handing your number back, as failure to do so will result in a DQ. Kindly avoid wearing your cycling shoes in the hall. There will be refreshments (tea, coffee, lots of homemade cakes and savouries) available for a small fee (cash or card accepted).

From HQ to reach the start, turn right and join the B3092 (Frome Road) where you proceed northbound towards Frome. The start is at the entrance to Frome Showground.

Please do not arrive at the start prior to 5min before your start time, to avoid congestion here. There will be no "pusher offer" and you will have to do a standing start on your own. Rolling starts will not be permitted.

It is the rider's responsibility to know the course - in previous years, several riders went off course. There will be directional arrows and observers on course, but there are a lot of roundabouts, so please study the course carefully before riding. There is a course map on the CTT website. No warming up on the course and remember no U-turns in sight of the start. The road surface is mainly good, but please be vigilant – no head-down riding.

### Course Description (U370):

Start on B3092 at the entrance to Frome showground (about 200 yds past the layby where the Maiden Bradley 10 course starts). Proceed to the Blatchbridge r/bt on A361. Take 3rd exit on A361 to Pylon r/bt and here take 1st exit (left). Go straight on at roundabout outside the new business park (note there is no other exit except into the business park). Turn at Oldford r/bt (care traffic from the right has priority) and retrace to Blatchbridge r/bt. Complete Blatchbridge - Oldford - Blatchbridge circuit twice more. After completing the third circuit take the first exit at Blatchbridge r/bt and proceed towards Maiden Bradley to finish opposite the start. Note: it is the rider's responsibility to know when to circle Blatchbridge roundabout and retrace or to turn left at the end of their 3rd circuit.

When crossing the finish line, please shout your number loudly, but do not approach the finish timekeeper for any reason. Once you have finished, continue on the B3092 to Maiden Bradley, turning left to return to HQ to sign out.

Please be polite and courteous to all time keepers, marshals and helpers, they have given up their time so that you can race.

#### Results:

Finish times and results will be available at the HQ after the finish. The results will be posted to CTT website soon afterwards, and there will be a link to these on the BathCC Facebook group.

#### Prizes:

There will be a prize giving ceremony at HQ once all results have been verified. One prize per rider (except for the team prize).

Position	Open	Female	Vets (AAT)
1st TT Bike	£20	£20	£20
2nd TT Bike	£10	£10	£10
1st Road Bike	£20	£20	£20
2nd Road Bike	£10	£10	£10
1st Team	£30 (3 x £10)		